



MEDICAL HISTORY

History of Present Illness

Date: _____

Last Name: _____ MI: ___ First Name: _____ DOB: _____

Please briefly describe what your main problem(s) are:

When did the symptoms start, their location, frequency, and associations. _____

Did something happen (for example, a car accident, bad infection, or a severe stressful event) just before the symptoms began? Y / N

Past Medical History

ALLERGIES:

MEDICATIONS:

HOSPITALIZATIONS:

ROS: Weight _____ Weight Loss/Gain? _____ Height _____ Right Handed Left Handed

Other problems you may have (e.g. psychological, asthma, high blood pressure, high cholesterol, diabetes, heart disease)?

SIG-EM-CAPS

CHECK THOSE STATEMENTS THAT APPLY TO YOU.

- | | |
|--|--|
| <input type="checkbox"/> Sleep: increase or decrease in sleep? | <input type="checkbox"/> Concentration: reduced or difficulty concentrating? |
| <input type="checkbox"/> Interest: loss of interest in activities? | <input type="checkbox"/> Appetite: weight loss or gain? |
| <input type="checkbox"/> Guilt: depressed, lack of self worth? | <input type="checkbox"/> Psychomotor: anxiety or lethargy? |
| <input type="checkbox"/> Energy: lack of energy or fatigue? | <input type="checkbox"/> Suicide: preoccupation with death or dying? |
| <input type="checkbox"/> Mood: depressed mood? | ← Total Checked Answers |

FAMILY HISTORY: Family member's illness? Y / N, explain:

OTHER:

Are you married, single, separated, divorced, or widowed? (*circle one*)

Are you sexually active: Y / N Multiple Partners: Y / N

Females only:

Are you menopausal? When periods stopped? _____ years ago.

Irregular periods (*describe*) _____

When was your last period?

SOCIAL HISTORY: Race _____ Years Education _____ Where were you born _____

Are you married, single, separated, divorced, or widowed? (*circle one*)

What is your current living situation? _____

How many children do you have and their ages? _____

Do you currently smoke cigarettes? Y / N If yes, how many packs per day and when did you start smoking? _____

What are the stresses going on in your life? _____

Do you drink alcohol? Y / N If so, at what age did you begin drinking? ____; how many drinks (*on average*) per day _____

CHECK THOSE STATEMENTS THAT APPLY TO YOU.

- Cut Down: do you ever feel you should cut down on alcohol or drugs?
- Annoyed: do you ever get annoyed at people criticizing your alcohol or drug use?
- Guilt: do you ever feel guilty for your alcohol or drug use?
- Eye Opener: do you ever use alcohol or drugs to get you going?

← Total Checked Answers

Any other symptom(s) or problem(s) (*please don't be bashful, list them all*)? _____

Patient Signature _____ **Date** _____