MD HEALTH CLINICS

Physician-led telehealth from an established Orange County medical practice

MD HEALTH CLINICS, INC.

30 Years of Physician-Led Care in Newport Beach

A physician-founded Orange County practice — now carried forward by a cardiologist-led medical team. Here is who we are, and how you can check us out for yourself before you share any personal information.

Physician-founded | LegitScript-certified telehealth | Licensed clinicians | Newport Beach office | HIPAA-protected

INSIDE THIS BROCHURE

1. **Our history**
   Founded by Dr. Robert Kutzner
2. **Today's leadership**
   A cardiologist leads our medical team
3. **Why patients trust us**
   Real doctors. A real office. Real accountability.
4. **How to verify us yourself**
   5 steps you can check before you share any personal information

(877) 788-6342 (MDHC)

Answered 9 AM to 5 PM PT by The Care Team

1000 Quail St., Suite 160, Newport Beach, CA 92660 · (877) 788-6342 · www.mdhealthclinics.com

MD Health Clinics, Inc. is a private medical practice. This is not a Medicare or government publication.

OUR LEGACY

Founded by Dr. Robert Kutzner



Robert R. Kutzner, M.D. Photo as published in Orange Coast magazine, January 2014.

Keck School of Medicine of USC

Keck School of Medicine of USC, Class of 1981

MD Health Clinics was founded by **Robert Russell Kutzner, M.D.**, an anesthesiologist and pain-medicine physician who cared for Orange County patients for decades. He graduated from the **Keck School of Medicine of USC** in 1981 and trained in anesthesiology and pain management at **LAC+USC Medical Center**.

Dr. Kutzner believed nobody should have to suffer with pain. He was also known for treating people with addiction with real compassion. He spoke publicly about safer opioid prescribing, including in a 2013 *Orange County Register* column, and he cared for military veterans through veterans' community-care programs.

As listed in his January 2014 profile in *Orange Coast* magazine ("Top Medical Professionals" section, Top Doctors issue):

- Boarded in Anesthesia and Pain Management
- Director, USC Pain Institute; Director, USC Outpatient Surgical Center
- Staff Anesthesiologist, USC/LAC regional trauma center
- Member, Editorial Board, *American Journal of Pain Management*
- Fellowship in Anesthesia and Pain Management, UBC Vancouver General Hospital

In memoriam

Dr. Robert "Bob" Kutzner passed away on May 30, 2024. His family and colleagues remember a physician who listened, who saw the whole person, and who never gave up on a patient, including those whom others had turned away. He is remembered as a Vietnam veteran who felt especially committed to caring for his fellow veterans. Our team carries his standard forward: careful, honest, physician-led medicine.

Sources: Orange Coast magazine, Jan. 2014, "Top Medical Professionals" profile (MD Health Clinics archive); Vitals.com physician profile; CMS provider records; Orange County Register, Sept. 13, 2013. Personal and service history are provided by Dr. Kutzner's family.

TODAY'S LEADERSHIP · INTRODUCING OUR NEW MEDICAL DIRECTOR

A cardiologist leads our medical team

Adam M. Mizeracki, M.D.

Medical Director, MD Health Clinics, Inc.

- ✓ Fellowship-trained cardiologist: general, interventional, advanced heart failure & transplant
- ✓ California medical license **A 143610** (how to check: step 1 of "How to verify us yourself")
- ✓ NPI **1922316389** (how to check: step 2 of "How to verify us yourself")

Licenses & certification

California	Physician & Surgeon, CA License A 143610. Issued July 5, 2016; renewed and current through April 30, 2028 (Medical Board of California)
Other	Florida license ME142380 (federal NPI Registry); Michigan (per CV)
Board status	Board-eligible in interventional cardiology
NPI	1922316389

Previously a general cardiologist with Ascension Emerald Coast in Florida (2019–2022), and a consultant cardiologist at hospitals in California, New Mexico and Ohio. Speaks English, French and Polish.

Why this matters for your care. Weight, blood sugar, blood pressure and heart health are closely connected. Dr. Mizeracki's work in heart failure, high blood pressure and atherosclerosis shapes how our clinicians look at the whole cardiometabolic picture. Before anyone decides whether a treatment such as a GLP-1 medication might be appropriate, they review your heart history, blood pressure and current medicines. Every treatment decision is made individually by a licensed clinician.

Sources: Dr. Mizeracki's curriculum vitae; Medical Board of California license record A 143610 (search.dca.ca.gov); PubMed author search "Mizeracki A" (pubmed.ncbi.nlm.nih.gov); NPPES NPI Registry, NPI 1922316389 (npiregistry.cms.hhs.gov); mdhealthclinics.com/our-team.

WHY PATIENTS TRUST US

Real doctors. A real office. Real accountability.

LegitScript-certified telehealth

LegitScript independently reviews online healthcare companies for licensing and legal compliance. See step 3 on the last page to check our certification yourself.

Licensed clinicians

Your review is done by a licensed clinician. Our Medical Director is a physician whose license and National Provider Identifier (NPI) you can look up in public government databases.

A physical Newport Beach office

We are not just a website. Our main office is at 1000 Quail St., Suite 160, Newport Beach, CA 92660, and you can reach a person on our main line.

Your information is protected

We handle your health and Medicare information under HIPAA privacy and security rules. We only ask for what we need for your care, and we never sell it.

A physician-founded practice

The practice was founded by Dr. Robert Kutzner, who cared for Orange County patients for decades. Today it is led by a cardiologist Medical Director.

No pressure, ever

Take your time. You are welcome to hang up, look us up, talk with your family, and call us back on our main line whenever you are ready.

About the GLP-1 Bridge free phone review

1. You speak with a licensed clinician by phone, at no cost.
2. The clinician reviews your health history, your medicines and your goals.
3. The clinician decides whether any treatment is medically appropriate for you. Sometimes the answer is no.

The phone review is free. We will never ask you to pay for it. We cannot promise approval, a particular treatment, results, insurance or Medicare coverage, or what any treatment would cost.

DON'T JUST TAKE OUR WORD FOR IT

How to verify us yourself

1. **Look up our Medical Director's medical license**
   Go to the Medical Board of California license search, choose “Medical Board of California,” and search last name **Mizeracki** or license **A 143610**:
   search.dca.ca.gov

2. **Confirm his National Provider Identifier (NPI)**
   Search NPI **1922316389** (Adam Mizeracki) on the federal NPI Registry:
   npiregistry.cms.hhs.gov

3. **Check our LegitScript certification**
   LegitScript independently reviews online healthcare companies for licensing and legal compliance. Our certification is listed under our legal name, **MD Health Clinics, Inc. dba MultiMedRx**, for the website **www.multimedrx.com**. Search for www.multimedrx.com on LegitScript's website, legitscript.com.

4. **Call us back on our main line**
   Hang up and call **(877) 788-6342** yourself, using the number printed here or on www.mdhealthclinics.com. Ask for The Care Team. We answer 9 AM to 5 PM PT.

5. **Know our promise**
   We will **never** ask for payment, a credit card, or a gift card for the free phone review. Anyone who does is not us. You can also visit our office at 1000 Quail St., Suite 160, Newport Beach, CA 92660.

CALL

(877) 788-6342 (MDHC)

Main line. Ask for The Care Team.

Answered 9 AM to 5 PM PT by The Care Team

VISIT

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Newport Beach, CA 92660

ONLINE

www.mdhealthclinics.com

Important: MD Health Clinics, Inc. is a private medical practice. This is **not** a Medicare or government website or publication, and we are not affiliated with or endorsed by Medicare, CMS or any government agency. A licensed clinician decides whether any treatment is appropriate after an individual review. Not everyone qualifies. We do not guarantee approval, results or insurance/Medicare coverage, and individual results vary. The phone review is free. Please do not include medical details or your Medicare number in a WhatsApp or email reply. We collect that information only through secure, HIPAA-compliant channels. Sources for factual statements are listed on each page. “LegitScript” is a trademark of LegitScript LLC.